



SHERRIE PALM BIO

THE NEXT SIGNIFICANT REVOLUTION IN WOMEN'S HEALTH DIRECTIVES

Sherrie Palm carves the trail to de-stigmatize pelvic organ prolapse (POP), a common but rarely acknowledged women's health condition impacting an estimated 50% of women.

Educating. Inspiring. Advancing Women's Health Directives.

Sherrie Palm is the Founder/CEO of APOPS, Association for Pelvic Organ Prolapse Support. Ms Palm's most recent book *The Biggest Secret in Women's Health: Stigma, Indifference, Outrage, and Optimism*, follows three editions of her prior award-winning book *Pelvic Organ Prolapse: The Silent Epidemic*. Palm is a pelvic organ prolapse patient advocate, vaginal and intimate health activist, internationally recognized speaker, POP key opinion leader, and prolific writer regarding POP physical, emotional, social, sexual, fitness, and employment quality of life impacts.

Sherrie has presented speeches nationally and internationally to physician, research, academic, corporate, government policy, and patient audiences since 2011. Her points of focus are raising awareness of the next significant evolution in women's health awareness, screening, practice, and policy, advancing global women's vaginal and intimate health empowerment, developing POP patient guidance and support structures, and bridge building within patient advocacy, white coat, and white collar sectors toward the advancement of women's pelvic health and POP best practice.

Recognizing a need to shift the global view of the remaining stigmatized aspects of women's health, Sherrie Palm takes steps to pioneer change. Cognizant of the diverse and sensitive needs of her audience, Sherrie delicately places all the cards on the table to disclose aspects of vaginal health and intimate wellness rarely effectively discussed. Sherrie's capacity to respectfully and compassionately answer all questions posed during speaking engagements endears her to the audience.

Sherrie's engagement in POP projects and protocol enables patient voice to be an integral part of women's health and wellness development. Additional information about APOPS, pelvic organ prolapse, or Ms Palm's books or speaking presentations is available on the APOPS website.

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